



What M.O.Town Fitness offers

Open gym offers plenty of great equipment to work your body. We have clean machines, free weights, kettlebells, dumbbells, jump ropes, battle ropes, plyo boxes and much more!

CrossFit classes

Constantly varied, functional movement done with high intensity. We offer several CrossFit classes daily, which are preprogrammed for you and coached by certified coaches.

Keeping up the M.O. tradition of this building being a great gym!

Rates

Individual

1 month-\$60, 3 months-\$170, 6 months-\$335, 1 year-\$600

Couple

1 month-\$95, 3 months-\$ 300
6 months- \$570, 1 year \$890

Family

1 month-\$145, 3 months \$385, 6 months-\$665, 1 year-\$1230

CrossFit

Individual- \$100, Couple- \$150
Add on \$75

Year membership paid monthly through electronic debit

Individual-\$50, Couple-\$76, Family-\$105

Other rates

High school student with I. D. \$30

Drop in \$10

Personal Training. Contact Tyson

Athletes

This place is all about the athlete, whether you are 13 or 93 we value your fitness. Not everyone gets fit in the same way and that is why we offer different things here at M.O. Town Fitness.

- We promote fitness
- Health
- Community

Contact Us

M.O. Town Fitness
Home of CrossFit Ojai
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motownfit.com

Instagram, [mo.town.fitness](https://www.instagram.com/mo.town.fitness)

Facebook

Our goal is to
make you fit so
life is easy!

Gym hours:

Mon-Thur. 6 am-9 pm

Friday. 6 am-8 pm

Saturday. 7am -4 pm

Sunday. 8am-12 noon

CrossFit classes:

Everyday

6:30 am, noon, 5-6-7 pm

In addition, Mon-Wed-Fri

We have 8 and 9 am
classes

Specialty classes (power
lifting and stretching) will
be offered also at select
times

M.O.Town Fitness

Home of CrossFit
Ojai

A gym where you get "fitter
than yesterday"

M.O. Town Fitness



Home of CrossFit Ojai